



Burnaby North

PHE 8, 9, 10 Field Trip Opportunities 2018/19

The physical education program at Burnaby North offers a variety of enrichment opportunities for your son/daughter. *PLEASE, FILL OUT CAREFULLY AND RETURN TO TEACHER.*

A. COMMUNITY BASED ACTIVITIES:

The following three community based activities will be free of charge and are part of the alternate environment curriculum. As this is part of our PHE courses, students are expected to fully participate. If they can't participate for medical reasons, teachers need to be informed by note or email. No additional fieldtrip forms will be handed out for these activities, and your consent is given through this form:

1. Skating: All students will walk to Kensington Arena to participate in ice skating once a month from November to February. Funding is provided for this alternate environment activity. Helmets are mandatory and must be CSA approved. Helmets and ice skates are provided free of charge if students do not have their own.
2. Swimming: All grade 8 and 9 students will walk to the Kensington Pool during June for 4 classes to swim and play in the pool, supervised by teachers and life guards. The pool is shallow enough to stand up in.
3. Community Runs and hikes: Students may leave the school grounds to go for short runs and hikes in the direct community.

INITIAL:

B. FIELDTRIP OPPORTUNITIES:

In addition, we offer the following fieldtrips. Participation is highly encouraged. If your son/daughter can't participate, teachers will offer alternatives for these fieldtrips.

Please return this form to your son/daughter's PHE teacher together with the receipt for payment. Payment for the activities your son / daughter chooses to do can be done in the school office or on line. Teachers will not collect any payment.

Please complete the information at the bottom of this form and return, even if you son/daughter is NOT choosing any field trip options. Please, clearly state which fieldtrip your child is and is not participating in.

Don't hesitate to contact your son/daughter's teacher should you have questions.

Thank you

| Grade 8 | \$ | yes | no | Grade 9 | \$ | yes | no | Grade 10 | \$ | yes | no |
|-----------------------------|---------|-----|----|--------------------------|---------|-----|----|--|---------|-----|----|
| Cultus Lake Day Trip (June) | \$30.00 | | | Indoor Rock Climbing | \$30.00 | | | Burnaby Mountain Golf Course Instruction | \$15.00 | | |
| Aviva Gymnastics | \$30.00 | | | Self Defense instruction | \$15.00 | | | CPR level C certification taught by Burnaby Firefighters | \$15.00 | | |
| Total enclosed | | | | | | | | | | | |

Please, fill out

PHE Block _____ Grade _____ Teacher: _____

I have paid the above total on line. I have also read the PHE course outline

Student name (Please print) _____ Parent signature: _____

Parent email: _____ Daytime contact number: _____

Any medical concerns? _____