

# **BURNABY NORTH SECONDARY SCHOOL**

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January 6<sup>th</sup>, 2020

#### To: Parents/Guardians of Grade 8 Students.

On Wednesday, January 22<sup>nd</sup>, 2020, Burnaby North will be hosting the *Safeteen* presentation for all Grade 8 students. *Safeteen* is a violence prevention, assertiveness training that addresses such topics as: online safety, peer pressure, body image issues, gender stereotypes, anger management, non-violent communication, personal boundaries, and bullying. Students are provided with strategies to navigate these issues skillfully and effectively.

The presentations will run from 8:35am - 11:30am on January  $22^{nd}$ . Students will be divided in to same-sex groupings; they are encouraged to join the group with which they most identify. Student names and their assigned classrooms will be posted in Grade 8 classes the week prior to the presentation.

Safeteen is in keeping with the B.C. Ministry of Education's redesigned curriculum. The Core Competencies addressed include:

# Personal & Social

- ✓ Personal awareness and responsibility, which encourages students to make constructive and ethical decisions and act on them
- ✓ Positive personal and cultural identity, which involves understanding, and appreciation of one's family background, heritage(s), language(s), beliefs, and perspectives
- ✓ Social awareness and responsibility, which focuses on interacting with others and the natural world in respectful and caring ways

# > Thinking

✓ Critical and reflective thinking, which encompasses a set of abilities that students use to examine their own thinking and that of others, and involves making judgments based on reasoning, where students consider options, analyze them, and draw conclusions.

#### > Communicating

✓ Communicating encompasses the set of abilities that people use to impart and exchange information, experiences, and ideas; to explore the world around them; and to understand and effectively use communication forms, strategies, and technologies. ¹

The *Safeteen* presentation will occur during the Provincial Assessment Week; Grade 8s will be expected to attend *Safeteen* in the morning of January 22<sup>nd</sup> as part of their enrichment activities for the week. Grade 8 course selection presentations will take place in the afternoon of January 23<sup>rd</sup>.

If you have any questions or concerns, please contact your child's counsellor or administrator.

Sincerely,

David Rawnsley, Principal

Mélanie Smith, Counsellor

<sup>&</sup>lt;sup>1</sup> Please see <a href="https://curriculum.gov.bc.ca/competencies">https://curriculum.gov.bc.ca/competencies</a> for more information about BC's new curriculum and the Core Competencies